

230 Intensives Ltd – Anti-Bullying Policy



The purpose and scope of this policy statement

230 Intensives Ltd works with children, young adults, adults and families as part of its activities.

These include: Dance instruction, Cheerleading instruction, Choreography and Gymnastics coaching.

The purpose of this policy statement is:

- to prevent bullying from happening between participants of any age who are a part of our organisation or take part in our activities
- to make sure bullying is stopped as soon as possible if it does happen and that those involved receive the support they need
- to provide information to all staff, volunteers, participants and their families about what we should all do to prevent and deal with bullying.
- This policy statement applies to anyone working on behalf of 230 Intensives Ltd including senior managers and the board of trustees, paid staff, volunteers, sessional workers, agency staff and students.

Separate documents set out:

- our code of behaviour for children, young people and adults
- our policies and procedures for safeguarding.

What is bullying?

Bullying includes a range of abusive behaviour that is

- repeated
- intended to hurt someone either physically or emotionally.

More detailed information about bullying is available from NSPCC Learning: learning.nspcc.org.uk/child-abuse-and-neglect/bullying

Legal framework

This policy has been drawn up on the basis of legislation, policy and guidance that seeks to protect children in the UK.

We believe that:

- children and young people should never experience abuse of any kind
- we have a responsibility to promote the welfare of all children and young people, to keep them safe and to practise in a way that protects them.

If you or your child has any concerns about bullying, contact our Director through email (or phone) or speak in confidence with a staff member who will pass on your concerns. We treat all incidences and allegations of bullying seriously. Our company ethos holds inclusivity, kindness and recognising the value of all individuals at its heart. We do not permit bullying of any form and hold all of our participants, staff and volunteers accountable to the highest standards of behaviour.

We recognise that:

- bullying causes real distress. It can affect a person's health and development and, at the extreme, can cause significant harm
- all children, regardless of age, disability, gender reassignment, race, religion or belief, sex or sexual orientation, have the right to equal protection from all types of harm or abuse
- everyone has a role to play in preventing all forms of bullying (including online)
- and putting a stop to bullying.

We will seek to prevent bullying by:

- developing a code of behaviour that sets out how everyone involved in our organisation is expected to behave, in face-to-face contact and online, and within and outside of our activities
- holding discussions with staff, volunteers, children, young people and families who use our organisation about bullying and how to prevent it. These discussions will focus on:
 - group members' responsibilities to look after one another and uphold the behaviour code
 - practising skills such as listening to each other
 - respecting the fact that we are all different
 - making sure that no one is without friends
 - dealing with problems in a positive way
 - checking that our anti-bullying measures are working well
- providing support and training for all staff and volunteers on dealing with all forms of bullying, including racial, sexist, homophobic and sexual bullying
- putting clear and robust anti-bullying procedures in place
- making sure our response to incidents of bullying takes into account:
 - the needs of the person being bullied
 - the needs of the person displaying bullying behaviour
 - needs of any bystanders
 - our organisation as a whole.
- reviewing the plan developed to address any incidents of bullying at regular intervals, in order to ensure that the problem has been resolved in the long term.

We recognise that bullying is closely related to how we respect and recognise the value of diversity.

We will be proactive about:

- seeking opportunities to learn about and celebrate difference
- increasing diversity within our staff, volunteers, children and young people
- welcoming new members to our organisation.

More information about responding effectively to bullying is available:

protecting children from bullying and cyberbullying - learning.nspcc.org.uk/child-abuse-and-neglect/bullying

recognising and responding to abuse - learning.nspcc.org.uk/child-abuse-and-neglect/recognising-and-responding-to-abuse